

Adult Learning

Getting started with NHS Apps



FREE COURSE

Friday 26th September 2025

10:00 am – 13:00 pm
1 week

In
Penrith Library

Led by our fully qualified
digital tutor

This course will cover the following topics:

- NHS App core functionality
- Benefits of using the NHS App
- Troubleshooting with hints and tips
- Supporting individuals to develop their personal knowledge of the NHS App

ENROL NOW!

To book a place please visit our website at: adultlearningcumbria.org
Search under the heading 'Digital'. You can then complete an online enrolment form. Or speak to one of the Penrith Adult Learning Team on
07468709606/01768 812103 or email
penrithadultlearning@westmorlandandfurness.gov.uk



Westmorland
& Furness
Council

Working for Cumberland Council and
Westmorland & Furness Council